

**Medical Spa at Foot Specialist Associates**  
**950 East Harvard Ave.**  
**Denver, Colorado 80210**  
**Suite 300**  
**303-722-6864**

All of our manicure and pedicure equipment is sterilized and sanitized on an individual basis. You may bring your own polish. **Add \$5.00 to any service if you will be using the mini polish provided by our office. Kristen provides these services on Tuesday afternoons and Wednesday mornings. These services are not covered by insurance.**

**Spa Pedicure- \$50.00 (45 min.)**

This service includes relaxing in our massage chair while soaking your feet in our heated pedicure bath. This will help to effectively cleanse and deodorize your feet thoroughly. Your nails will be trimmed and filed. A foot paddle will be used to smooth calluses. A cucumber sugar scrub will be applied to exfoliate the skin. A Papaya pineapple foot mask will be used to tighten, hydrate, and nourish your feet. Lotion will be used to massage and moisturize the skin. This service will end with a buff or polish from our selection of colors.

**Mini Pedicure \$45.00 (35 min.)**

This service is perfect for someone on the go. This service includes relaxing in the massage chair while soaking your feet in our heated pedicure bath. Your nails will be trimmed and filed. A cucumber sugar scrub will be used to exfoliate the skin. Lotion will be applied and a mini massage will be performed on the foot. Polish will be applied.

**Diabetic Pedicure \$40.00 (30 min.)**

This pedicure is for those who require extra gentleness. This service will start with a warm soak, nail trim, filing, gentle buffing, and a soothing leg and foot massage. Polish will then be applied. You will be screened for any new or undetected diabetic problems which may need to be addressed by our doctor.

**Spa Manicure- \$30.00 (35 minutes)**

This will start with relaxing and enjoying the spa aroma with our essential oils while soaking your hands in a warm manicure bowl. The nails will be trimmed, filed, and cuticles will be pushed back. A sugar scrub will be applied to exfoliate the hands. Moisturizing lotion will be used to massage the hands and arms. Polish will be applied to the nails.

**Hot Oil Manicure-\$ 35.00 (40 minutes)**

This manicure includes everything that the spa manicure has but an oil will be applied to massage the hands and arms. Polish will be applied to the nails.

**Paraffin wax treatment - \$15.00 (15 min.)**

This service is great to moisturize and soften the skin on the feet and hands. This treatment is perfect for people who have arthritis. The warm wax will ease stiffness and discomfort in joints associated, with over worked muscles and injury. It also helps to decrease inflammation and reduce swelling.

**Spa Pedicure+ Manicure (1 ½ hours)**

\$75.00 with polish bought in the office

\$70.00 with polish that was brought with you